ANNIVERSARY 25th
UNITED SIKHS
Recognize The Human Race as One

STOP THE
BLEED

Stop the Bleed is a nationwide training initiative with the goal of improving survival from natural and man-made mass casualty events. Many of the deaths from these events are due to severe bleeding that could be controlled if immediate action was taken. Williamson County, STOP THE BLEED Programe is the result of a collaborative effort led by the American College of Surgeons Committee on Trauma (ACS COT) to bring knowledge of bleeding control to the public.

Compress to stop the bleeding.

Wash the wound. When the wound stops bleeding, release the pressure. Note severe bleeding may lead to shock, a critical condition, caused by disturbances in the circulation.

Lay the severely bleeding casualty down immediately.

CALL 911

please **Call 911** to mobilize emergency first responders and provide assistance to the victim(s).

Advocate for bleeding control. Ensure your own safety. Don't become the next injured person.

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